

# The Masked Heroes



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Dedicated to the Health Care and  
Essential Workers tirelessly striving  
to bring us back to normal

The Masked Heroes

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Published in the United States of America by Arian  
Khoshgowari

ISBN: 9798669158279

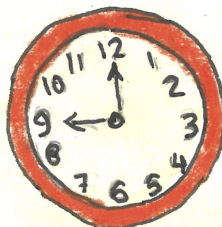
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James, Ryan, and Lily are  
sitting in their classroom,  
using their imagination to  
become heroes.



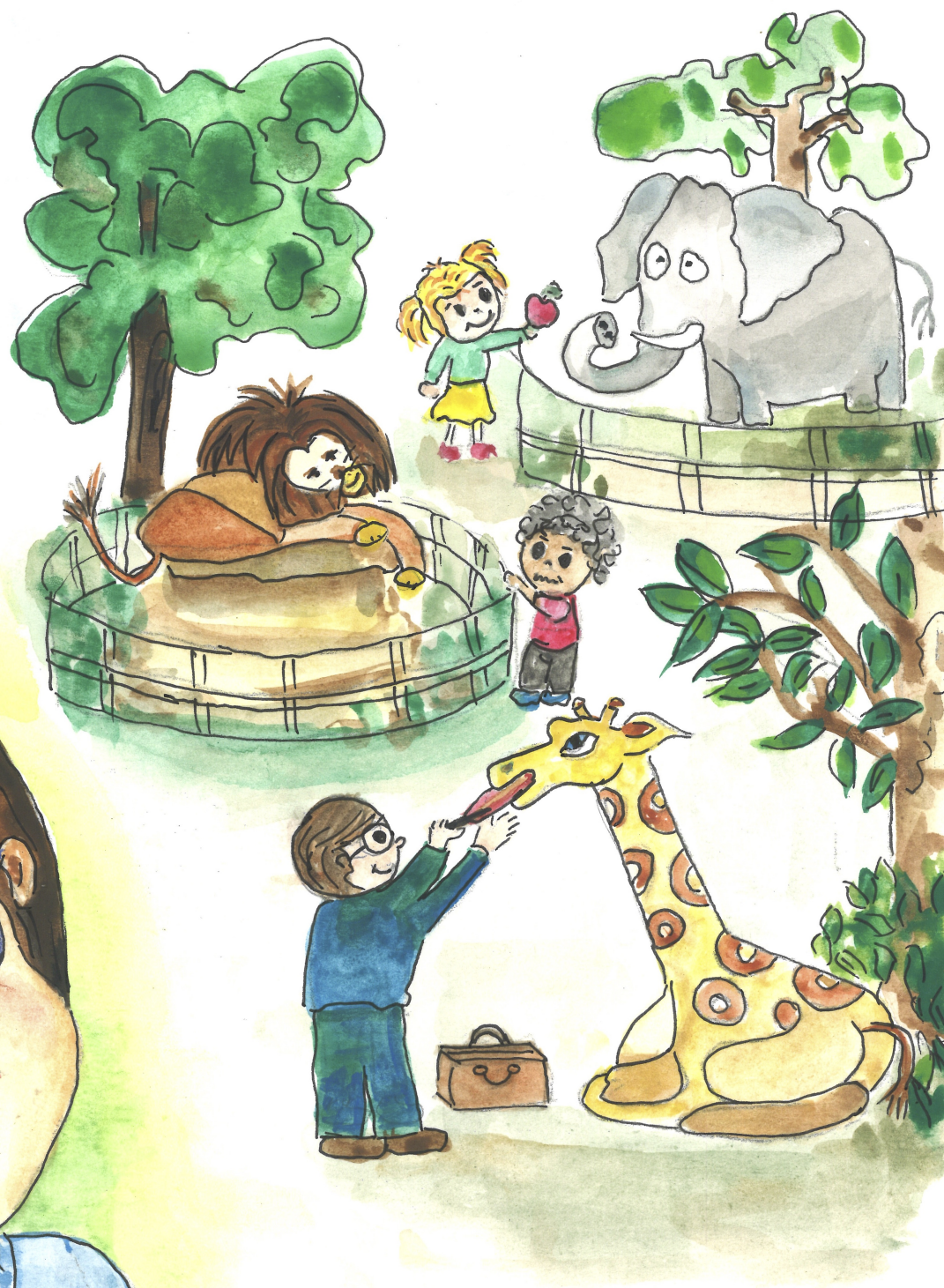


"I can't wait to  
grow up and  
become a  
firefighter," said  
James. "They are  
heroes because  
they come to the  
rescue."



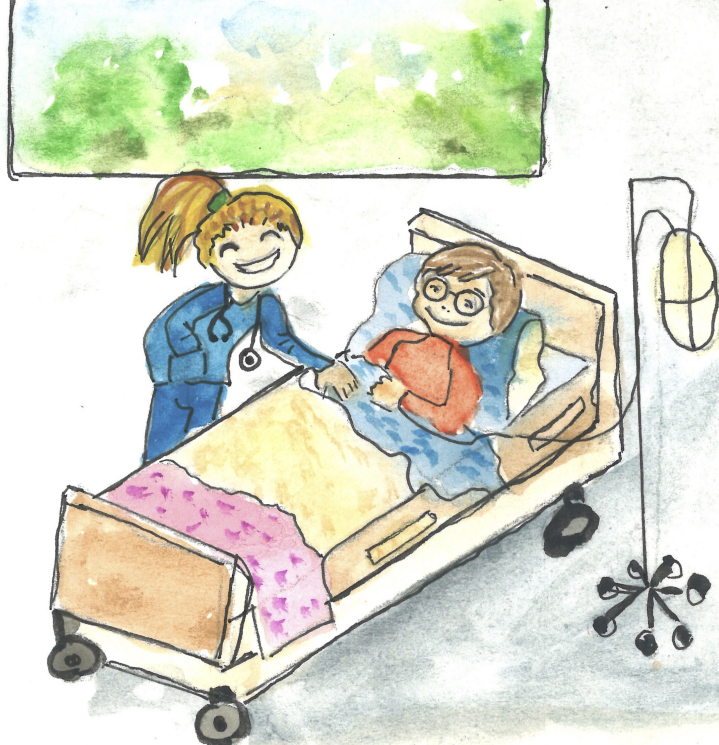


"I can't wait to grow up  
and become a vet," said  
Ryan. "They are heroes  
because they help all  
animals."





"I can't wait to grow up  
and become a nurse," said  
Lily. "They are heroes  
because they help sick  
people feel better."





Excellent!

Amazing!

Fantastic!



"You don't have to be grown to  
be a hero, you can be one now!"  
said their teacher, Ms. Mary.

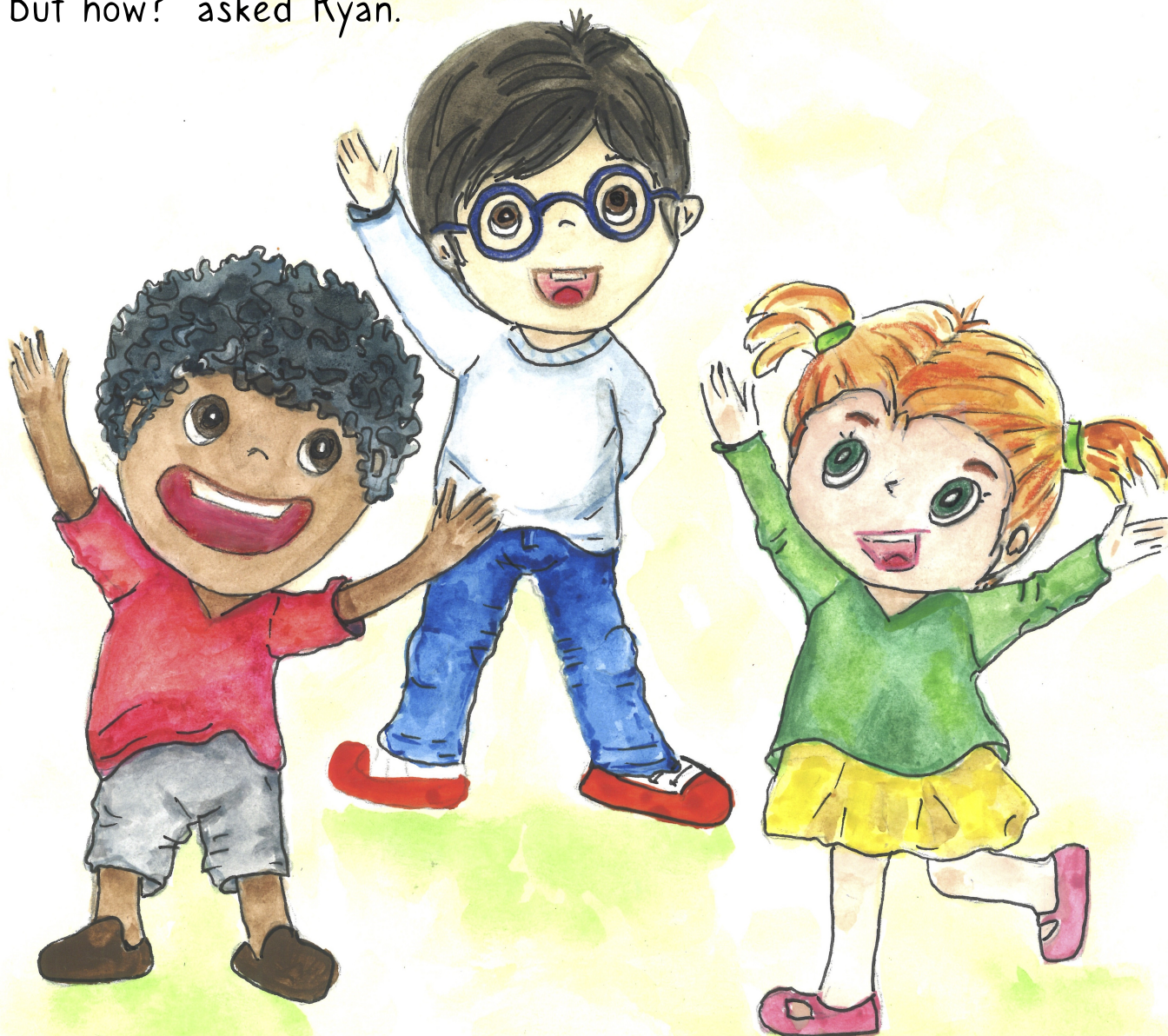


"I want to be a hero!"

screamed Lily.

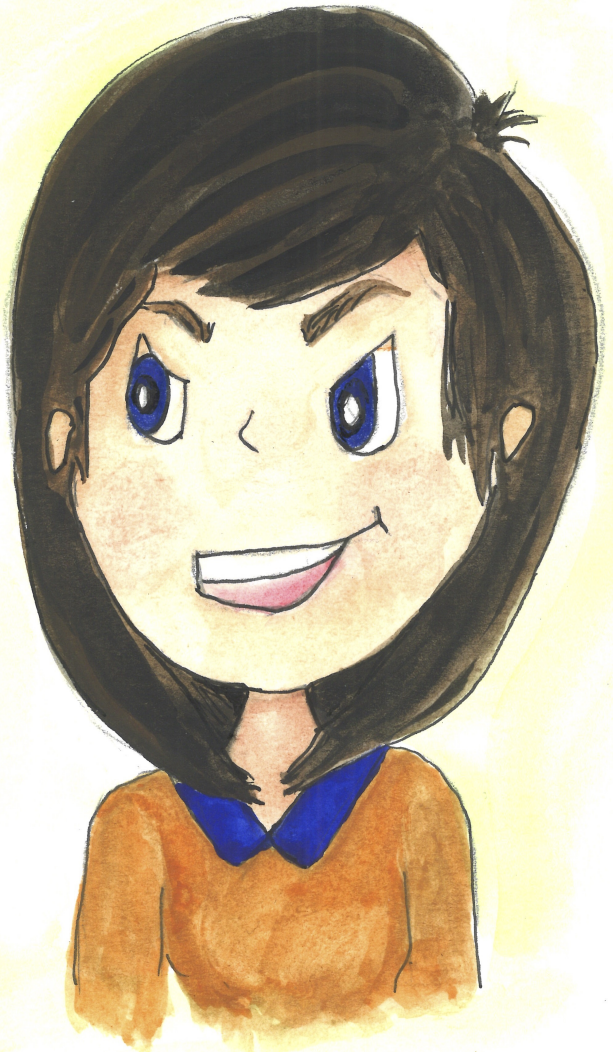
"Me too!" replied James.

"But how?" asked Ryan.



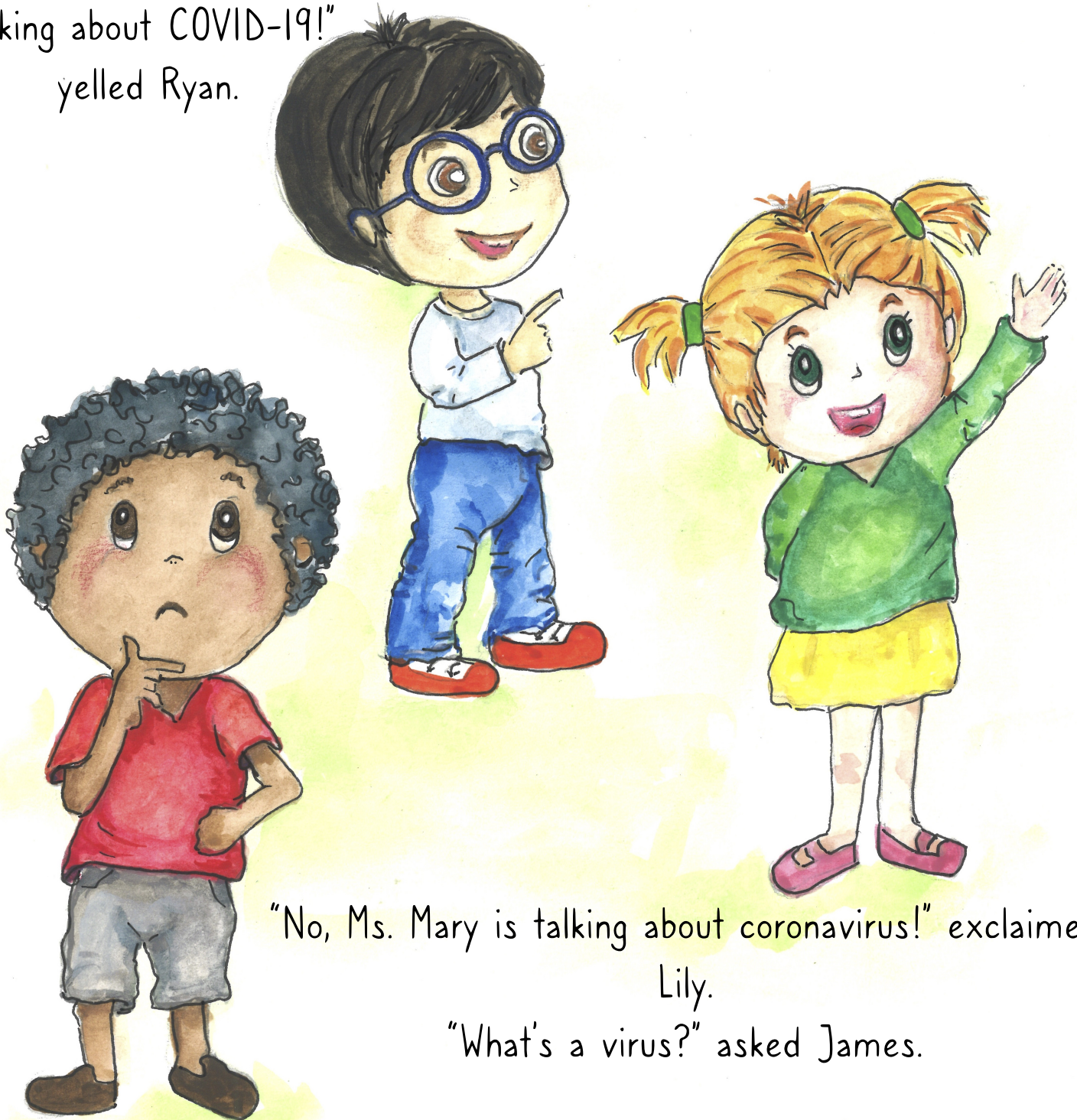


"We can be heroes by helping stop this new virus," replied Ms. Mary.





"I know, I know, you're  
talking about COVID-19!"  
yelled Ryan.



"No, Ms. Mary is talking about coronavirus!" exclaimed  
Lily.

"What's a virus?" asked James.



"You're both right. The virus can be called coronavirus, COVID, or COVID-19."

"A virus is a germ that is so tiny you can't even see it with your eyes. It can make you sick once it's inside your body," explained Ms. Mary.





"What happens when someone gets sick?" asked Lily.

"People who get sick can get fever, sore muscles, and a dry cough," answered Ms. Mary.







"It's important to know that we  
can all become heroes and work  
together to beat it!"



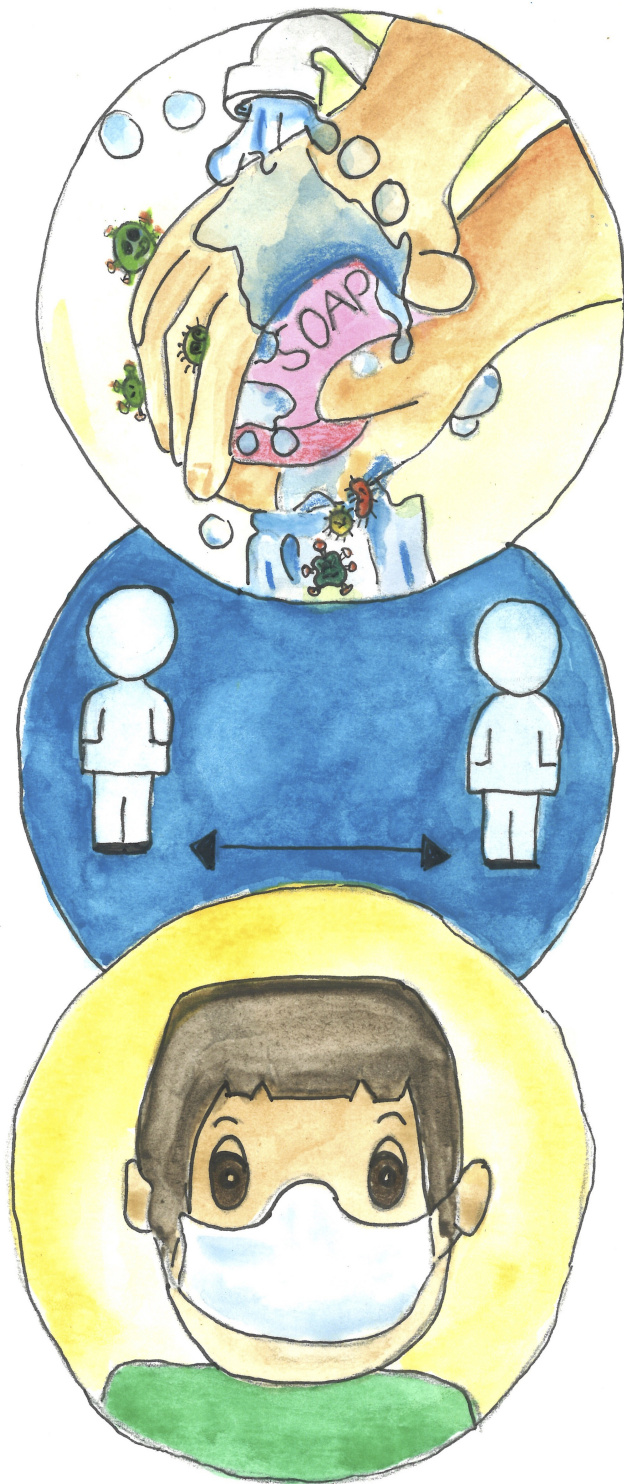
"We will help beat the virus with our swords, fists, and kicks!" the children screamed courageously.





"Not that way! That's not how we fight the virus," laughed Ms. Mary. "There are three simple things we can do to help stop this virus, especially when we are not at home."

- Wash Our Hands
- Keep Our Distance
- Wear Our Mask







"The first thing we can do is to wash our hands often to make sure that they are clean."





"Just like a firefighter using water to put out a fire!"  
screamed James.





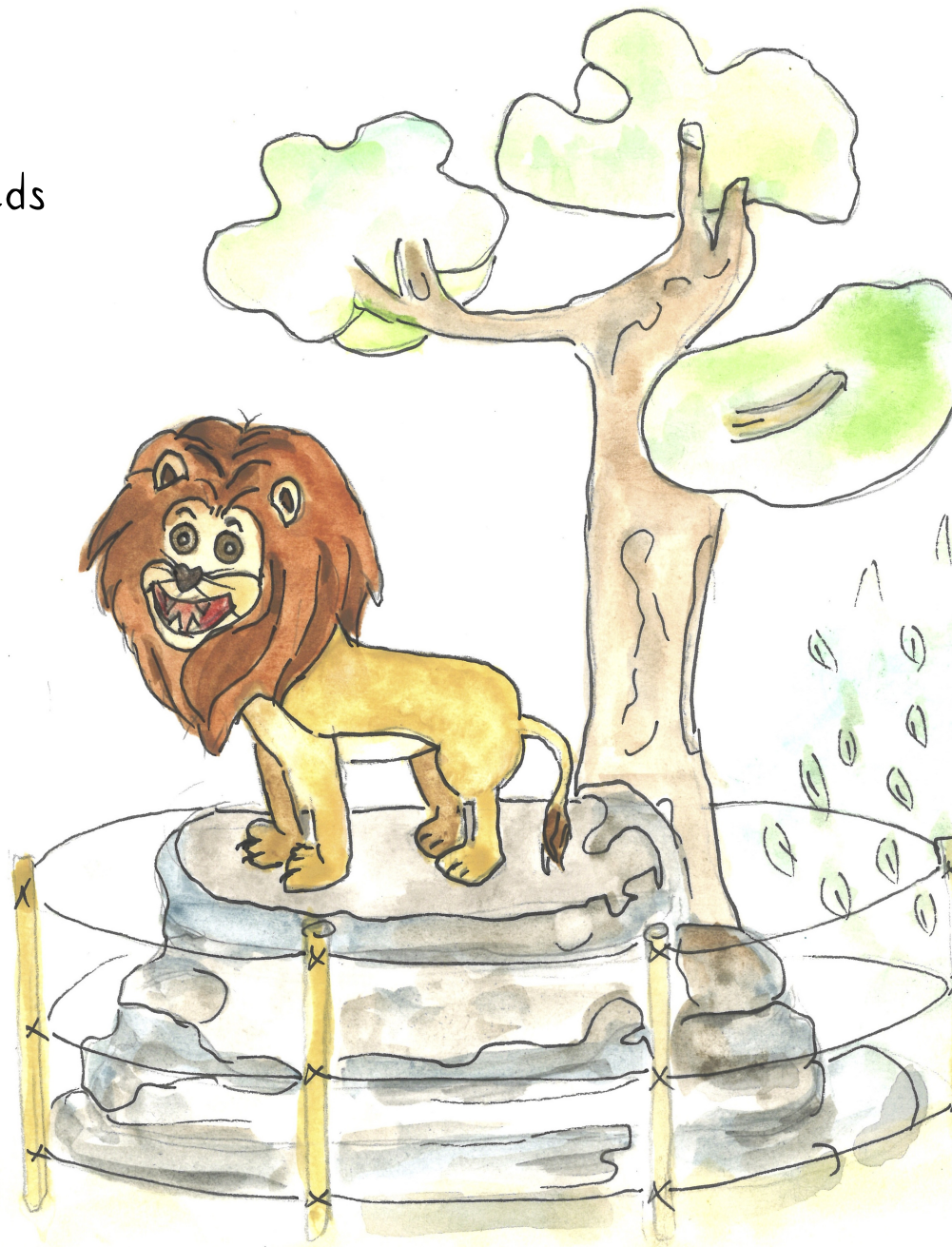
"The second thing we can do is to keep our distance from one another so the virus can't reach us."



"It's also important not to share food or snacks with one another."



"Just like how a vet needs  
to keep their distance  
from a hungry lion!"  
screamed Ryan.





"The third thing we can do is to wear a mask to stop the germs from coming near our nose and mouth."





"Just like how a nurse wears a mask when helping patients!" screamed Lily.





"Let's practice wearing our masks!"





"Should it only cover your chin?"



"Should it only cover your nose?"



"Should it only cover your mouth?"



"Your mask should cover your nose, mouth,  
and the bottom of your chin."





"Now we can all  
beat the virus  
together!"





We Are  
All Masked  
Heroes!



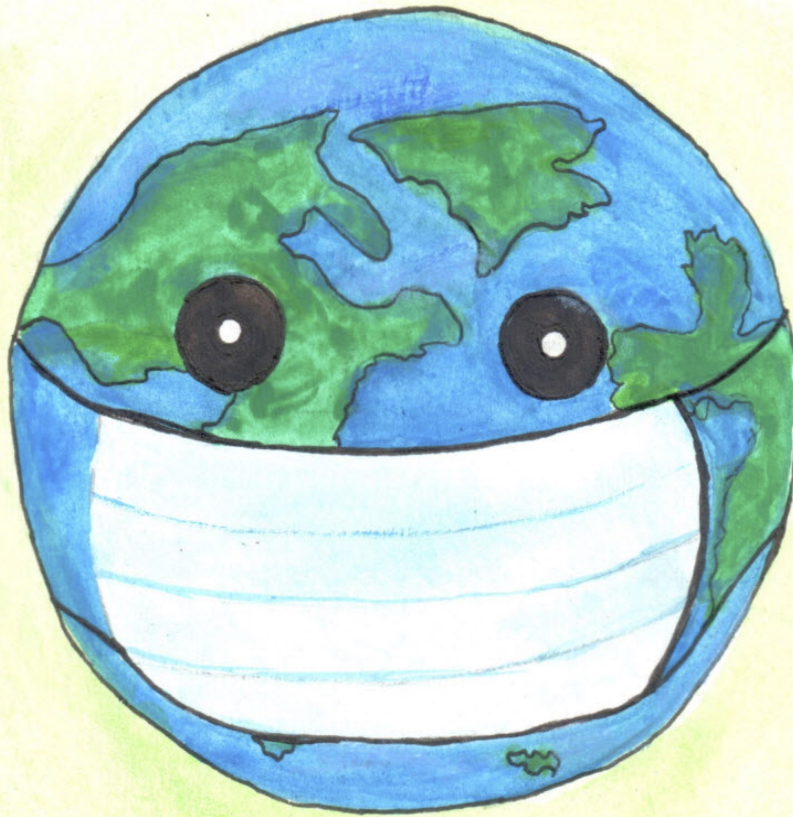


Although "The Masked Heroes" focuses on three main methods of COVID-19 prevention (hand washing, social distancing, and mask wearing), the CDC also recommends:

- Covering Sneezes and Coughs
- Frequently Cleaning Touched Surfaces
- Daily Health Monitoring



We will regularly update "The Masked Heroes" as CDC guidelines regarding COVID-19 prevention continue to evolve.





A story about  
COVID-19 and what  
we can do to help

